

Leadership Forum Workshop Descriptions



Morning Track A

Session 1A: 8:30 a.m. – 9:30 a.m. 60 minutes

Orientation Matters: Web-Based Orientation Modules | Meghan Phillippi

Four new Online Orientation Modules will debut for the 2017-2018 4-H year. These modules will help to orient new volunteers to 4-H and set them on the path to being a successful leader. In this workshop you will see the Montana debut of the modules and learn how you can incorporate them into your county's program. Experienced volunteers will learn how they can aid in helping new volunteers be successful.

- Module 1 – Volunteer Roles and Relationships
- Module 2 – You Can Create a Safe and Inclusive Environment
- Module 3 – You can Promote Positive Youth Development
- Module 4 – You Can Help Young People Learn by Doing

QPR-Ask a Question to Save Lives | Josie Evenson

QPR stands for Question, Persuade and Refer. These are the steps to help someone who may be suicidal and need help. QPR is very similar to the steps and concept of CPR used to save lives in other situations. QPR will help people of all ages learn how to help any person who may be struggling with suicidal thoughts. The take away from QPR is that if we ask the right questions and get those in need professional help, that we may be able to save a life.

Leadership 1, 2, 3 | Brett Schomer & Catherine McNeil

Travel with fellow workshop participants on a journey down the road of 4-H leadership development. Learn about the path that 4-H members can take to develop their leadership skills throughout their entire 4-H career. Presenters will demonstrate how youth can develop a love for leadership at each stage of their involvement. Topics covered will include: age appropriate roles and responsibilities, roles to motivate different interests, important policy and life skills gained that will set them up for a future of successes.

Snap Out the Livestock Feeding Games | Colleen Buck

Participants will learn basic livestock nutrition, by solving puzzles, clues, and riddles in order to open a locked breakout box full of helpful information and prizes. Whether a leader or a club member, knowing what to feed and how to feed an animal is an important part of any livestock project. This workshop will utilize basic livestock nutrition information with a twist of fun and a bit of a challenge as the box will be locked with up to 5 locks that will need to be unlocked.

Session 2A: 9:40 a.m. – 11:10 a.m. 90 minutes

Chopped, 4-H Style | Roubie Younkin

\$10

Based around the Cooking 101, 201 and 301 4-H projects, this hands on workshop will give leaders a take home curriculum to offer cooking workshops to their 4-H members as well as show off their culinary talents. After a measuring session, knife skills segment, a cooking with herbs, kitchen science and helpful hacks, baskets of ingredients will be provided and the Chopped Chefs will take off with creativity and their new-found skills. This is the perfect workshop for foods leaders hoping to infuse new life into an age-old project.

Using Food to Teach Market Animal Quality Assurance | Shelley Mills and Tim Fine **\$5.00**

Using everyday foods, participants will learn to provide experiential learning programs for their livestock project members. The training provides a unique perspective of care and handling of 4-H project animals – from that of the livestock animal and the buyer. Attendees will gain knowledge, skills and experience to help them teach the importance of proper care and management of animals to ensure a safe, high quality end product to the buyer.

Morning Track B

Session 1B: 8:30 a.m. – 10:00 a.m. 90 minutes

Charming Arrangement | Eileen Nielsen

What to do with Charms, Layer Cakes and Jelly Rolls? (Fabric that is, not Food!) A fun variety of different projects using fabric pre-cuts will be demonstrated. You will learn some hands on arrangement using a set of charms.

Focus Your Lens on Supporting New Volunteers | Pat Stackhouse, Martha Klaumann

Have you been a 4-H Leader more than 5 years? If so, this session may be for you. WE will discuss 4-H volunteer mentoring by developing relationships among experienced leaders and new leaders in our 4-H community and how it can strengthen our program. Your input will be of great value. Let's find the courage, creativity and humor of Evelyn Cameron to enhance our 4-H Community.

Focus On Building Community through Clubs, Projects and Service | Heidi Donnelly

Without the support of our communities, 4-H would not be what it is and give our youth the opportunities it does. The 4-H program is also built around service – specifically “our hands for large service.” But community service can be about so much more than picking up garbage and planting flowers. Finding creative, fun and mutually beneficial ways to give back while we build our 4-H community takes some thought and effort, but in the end it is worth lending our heads, hearts, hands and health to our neighbors.

Session 2B: 10:10 a.m. – 11:10 a.m. 60 minutes

Where Can 4-H Take You? | Carrie Krug

International opportunities abound through 4-H Carrie will walk you through the different experiences that she had as a IPYA delegate and explain how your members can take part in this exciting facet of 4-H.

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Montana 4-H Beyond the County | MT State Ambassador Team

Learn about all of the opportunities Montana 4-H has to offer our young leaders. From scholarships ... to awards... to leadership development, there are chances around every corner for senior 4-H members to continue their 4-H journey beyond the county.

Candid Cloverbuds | LaMae Lacock

This workshop will provide a collection of activities for Cloverbud leaders to use when working with Cloverbuds during club meetings, at Cloverbud camps, or at county project days.

Afternoon Track A

Session 3,4 A 1:30 a.m. – 4:30 a.m. 3 hours

Advancing your Market Beef Project | Wendy Becker **\$15.00**

Many times, our market animal projects end with a sale. This project takes it one step further with making fresh meat sausages. We will discuss cuts of meat, the science behind sausage making, other types of products to make, and finally make fresh sausage from grinding to packaging and everything in between! We will sample the recipes that you have put together and take some home. (We will keep them cold until you are ready to leave for home.)

Zoom out for Quilting – Barn Quilts | Roubie Younkin and Jody Simpson **\$10.00**

Just as fabric quilts have their own unique history, so do barn quilts. While barns were not painted back in the day, they were decorated with different types of folk art. This included quilt blocks once paint was readily available and affordable. People chose certain blocks to reflect particular meanings.

This workshop will involve piecing together geometric shapes into a wooden quilt block that can be hung inside or out. Participants will choose or design their pattern, select colors and shapes and create a barn quilt block.

Afternoon Track B

Session 3B 1:30 p.m. – 2:30 p.m. 60 minutes

Developing the Strengths of Introverts & Extroverts in the 4-H Program | Alice Burchak, Lisa Terry

It happens in almost every group: a few people offer lots of ideas and suggestions while some rarely contribute to the conversation. Yet other members of the group fall somewhere in the middle. As a 4-H leader, you probably remember the 4-H Youth Development programs places an emphasis on life skills such as communication and social skills. As a result, you want to make sure everyone has an opportunity to contribute but there are lots of personalities in the room. 4-H volunteers face these types of challenges often. This workshop will focus on the difference between extroverts and introverts as well as strategies to make sure both personality types feel equally valued in your 4-H Club.

4-H Grows: Marketing 4-H at the Local Level | Brett Schomer

Learn about the resources available to you through the 4-H Grows campaign and how you can use them at the local level to market the 4-H program. Increase community and constituent knowledge of the 4-H program with tools made possible by the national marketing campaign. Participants will create marketing tools they can use in their own county.

Focus on Teamplay | MT 4-H State Ambassador Team

Using resources, activities and games presented by Jim Cain presenters will have the opportunity to work on building group dynamics, teamwork and communication through team play. This is an exciting hands on workshop that will send you home with a renewed back of tricks for any occasion.

Build Your Programs Through Reflection | Meghan Phillippi

Reflection is an essential part of learning, yet most of us are not taught to be reflective learners, nor are young people offered much opportunity to pause and reflect as part of their typical school day or out-of-school program schedule. This workshop will teach you debriefing, processing and reflecting activities to use in your 4-H programming.

Traditional German/Swiss Cooking | Carrie Krug

While Carrie was an IPYA she learned many traditional German and Swiss dishes and will share their cooking techniques in this cooking workshop.

Focus on Agriculture | Scott Mickelsen, President of Dawson Community College

Learn how to get the most out of your 4-H livestock and other agriculture-related projects.

Session 4 2:40 p.m. – 3:40 p.m. unless noted otherwise

Plan for Safety to Keep 4-H Fun | Meghan Phillippi

As a 4-H Volunteer Leader you bring expertise, excitement and support to the 4-H program, all to help "Make the Best Better." When you plan activities and events it can be easy to focus on specifics such as goals, location, people involved, food, ect. It can be harder to think about possible risks involved and how to manage those risks. In this workshop, you will learn how to use the Pre-Event Planning Matrix and Guide to help you to insure a safe activity/event for youth and volunteers.

Building Leadership with Small Animal Projects | Jacqueline Sutton

Small animal projects are often overlooked as a real tool to help build leadership in our 4-H members. This workshop will explore small animal projects such as poultry, cat, rabbit and dog and how one can incorporate exciting activities to build a small animal program that will build enthusiasm and young leaders.

Focus on Flight of Birds | Jolinda Allerdings

Learn how to identify birds by recognizing the size and shape, behavior, habitat, and color pattern of birds. Discover ideas for community service that helps birds thrive in your neighborhood such as planting bird friendly gardens, monitoring bluebird nests, and maintaining bird feeders. Learn general threats to birds and how you can help conserve bird habitats. Discover fun bird educational activities to do at a club meeting or at camp.

STEM for Your Clubs – Solar Bugs | Shelley Mills

\$5.00

Participants will create a working, moving bug that jumps and vibrates on solar power. This STEM based project incorporates Science, Technology, Engineering and Art into a wonderful project that you can take home and teach your club members.

Focus on Fibers: Fabric and Fiber | Janell Barber

2:40 p.m. – 4:10 p.m.

\$12.00

Participants' lenses will be focused on learning about natural and synthetic fibers, weaves and other related fabric terminology. Exposure to the information will be presented in a hands-on approach testing fibers, zooming in to identify weaves and discussing snapshots of terms. Pixels of information and an equipment kit will be developed for participants to use over and over in order for them to expose others to the information.